



Newsletter

Learning to live
LIFE
in all its Fullness

Our value this term: Generosity

@CCJDownend

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CCJ Smartie Challenge



The children were incredibly excited today to hear that the Friends of CCJ will be handing out tubes of Smarties to every child next week in school. They have been asked to wait until they get home and have your permission to eat the contents ... but they need to keep the tubes. The challenge then is to try and fill the tubes with 20p coins until it is full. Our school value this term is generosity, so we are encouraging the children to be generous with their offers of time and help to friends and family. We would like them to try and earn their 20p coins through doing extra chores, helping out and spotting ways in which they can support others. All of the money is going to be going towards the outdoor equipment and computing equipment that we are asking the Friends to raise money for. We are going to be asking for the Smartie tubes to come back in by then end of the first Wednesday back after half term (21st Feb).

As we approach the end of term, there are quite a few events to be aware of next week. We have the book fair visiting once again, so do pop in during break, lunch or after school. We also have the UB museum on Thursday, where Y5 and 6 will be showcasing their homework projects linked to natural disasters. We have Puffin class assembly at 9am on Thursday and we have CCJ University on Friday morning. Friday will also be a dress down day with suggested donations of £1 towards our new sensory and mentoring space 'the Sky'. *Mrs Osborne*

Dietary Requirements

If your child's dietary requirements have changed, please scan this QR code to update them. It is extremely important that we have the correct information.



Weekly Celebration Certificate



Each week, one pupil from each class is awarded a celebration certificate for going above and beyond.

This week's winners are:

Starlings	Kamilla
Swallows	Anderson
Woodpeckers	Alice
Robins	Henry
Wagtails	Tilly
Jays	Olivia
Puffins	Molly
Kingfishers	Sam
Kestrels	Mollie
Falcons	India

Move for Mind

Matthew from Wagtail Class, his brother, his mum and the dog have been doing Move For MIND which is a mental health charity. He had to do 31 min a day for every day of January to achieve the challenge.

Matthew has been braving freezing temperatures and rain at 8am before school run every morning and has never complained once about getting up early, getting wet or getting cold. Majority of walks have been over Rodway Common but also done Bitterwell lake, Page Park and other local fields.

The donations have reached £337 so far and still going. If you want to donate, the link is below.

<https://www.moveformind.org.uk/fundraising/vicki-s-move-for-mind-challenge>





Swimming Gala

Here is a photo of our amazing swimmers who took part in the swimming Competition last week. We would like to say a huge THANK YOU to Jenny Guy for helping out with the gala - without her, it would not have run so smoothly. Thank you!



Take Ten

This week I wanted to share my favourite wellbeing books with you:



1. **The Boy, The Mole, The Fox and The Horse - Charlie Mackesy**

Full of advice and encouragement, this beautifully-illustrated book contains many life lessons to share with children. The Boy, The Mole, The Fox and The Horse is a wonderful children's book about mental health, life, values and living well. With so many important topics to explore, this lovely book is a great one to share with your children.

2. **The Invisible String - Patrice Karst**

A beautiful and moving book on grief, loss, separation anxiety and strengthening connections, The Invisible String is a brilliant children's book about mental health to share with your young ones. You can help children understand and deal with separation and loneliness using this lovely and imaginative story. This book teaches children, in a sensitive and appropriate way, that they are not alone. The Invisible String is one of the best Children's Mental Health Week books to explore serious topics, including grieving and the importance of emotional connection.

3. **The day the crayons quit - Drew Daywalt.**

The Crayons all express their feelings in this story, which provides you with an opportunity to develop your child's emotional vocabulary.

Red: Tired

Purple: Frustrated

Beige: Disappointed

Grey: Exhausted

White: Empty/ Invisible

Black: Angry

Green: Pleased

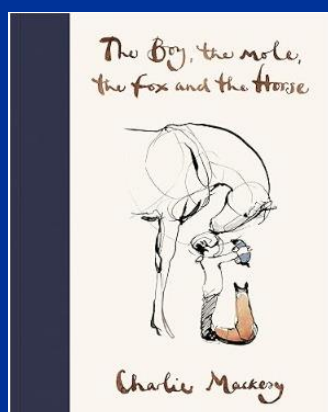
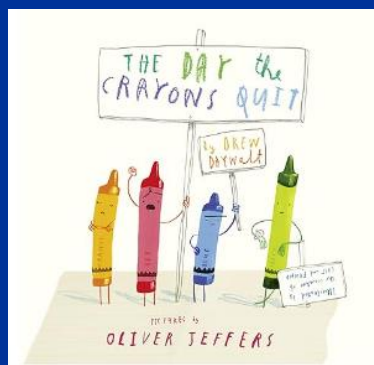
Yellow: Determined

Orange: Bossy

Blue: Worn out

Pink: Neglected

Peach: Embarrassed



As you come across each emotion in the story have a go at looking in the mirror with your child and trying to match the facial expression and body language of each Crayon.

You can then discuss with your child why the Crayon might be feeling this emotion. Try to provide your child with some examples of times that you felt this emotion and ask them if they can also come up with any examples of their own (this will be easier for some of the emotions).

Have a lovely weekend, Mrs Eatwell



BOOK FAIR

Monday 5th – Friday 9th February

Everyday, at break and lunchtime and after school in the hall!

In November we had over £600 in credit to spend on books for our library – it really does make a big difference for the school!

We are trialling a different way for the children to be able to purchase the books at the book fair...

You could...

Bring in cash (coins preferable) in a sealed named envelope and give to a teacher.

Children will be able to look at the book fair at **break and lunch** and buy their own books.

You could...

Come with an adult to the hall at the end of the school day and pay with card or cash using the QR code.





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Anxiety and Difficulties Attending School Parent Workshop/Coffee Morning

Parent workshop/coffee morning at Christ Church Juniors supported by Sadie Groves (SEND Co) and Tracy Eatwell (Inclusion Lead) and led by South Glos Parents and Carers a coffee support session on anxiety and difficulties attending school for parents/carers on 8th February at 9:30am. All welcome to join us at 9:00am straight after drop off for a chat and refreshments. No need to book, just come along!



CCJ University Lunchtime Club

Come and earn a sticker.

This runs every lunchtime - everyone is welcome!

Next week we will be making 3D hearts, and valentines day cards. There will also be valentines colouring.

Children can come along and earn a sticker for their booklet!



CCJ Smartie Challenge February 2024



CCJ Friends would like to give you a yummy treat, So, we're sending you these colourful Smarties to eat!

Keep the tube, don't throw it away, do chores and good deeds* to earn your pay.

So come on Christ Church pupils, answer our call, So, we can raise money for the good of our school! Be a "Smartie" and fill your tube with 20p's, And return to the school office by Wednesday 21st February please.

Thank you for participating.

The class that raises the most money will win a class treat!

Please remember to put your name and class on your Smartie tube.



*Help with preparing tea, washing up/empty dishwasher, tidy your room, dusting, gardening, helping a relative/neighbour, litter picking etc maybe your siblings can help you!

CCJ dates for your diary February

Mon 5th – Fri 9th – Book Fayre
Thurs 8th – 9am, Anxiety + Difficulties Attending School Parent Workshop/Coffee Morning
Thurs 8th – Upper Band Homework Museum
Fri 9th – CCJ Children's University
Fri 9th – Dress down day (£1 suggested donation)

Fri 9th – End of Term 3

Mon 19th – Start of Term 4

Wed 21st – Return Smartie tubes!

March

Wed 6th – St George's Concert (Y5)

Thurs 7th – World Book Day

Mon 11th – Roman Museum Trip
(Woodpecker, Swallows & Starling)

Tues 12th – Cross Country Festival

Thurs 14th – Roman Museum Trip
(Robins & Wagtails)

Fri 22nd – Shepton Mallet Prison Trip (Y5)

Mon 25th – Easter Service

Thurs 28th – INSET DAY

Thurs 28th – End of Term 4