



# CHRIST CHURCH CofE VC JUNIORS

**Value – Engage – Inspire – Create**

Email: [christchurchjuniors@sqmail.org.uk](mailto:christchurchjuniors@sqmail.org.uk)

Twitter: [@CCJDownend](https://twitter.com/CCJDownend)

**Newsletter 18:  
20<sup>th</sup> January 2017**

## CCJ School Ethos

During term 1 and 2, the staff, children, Governors and some parents, have been working to create an ethos statement. This is the statement that encompasses all we aim to offer every child who comes to our school. The four statements that make up the ethos are summarised by the words;

**Value – Engage – Inspire – Create**

Please take the time to read the statement on the reverse of the newsletter – we would love to hear any feedback.

## Exciting Assemblies

We have been delighted to welcome Magical Maths (on Monday) and Fizz Pop Science (on Thursday) who led two exciting and interactive services for the whole school. Details about their clubs starting in term 4 will be sent home soon.

## Taekwondo

Christchurch Junior School has become the first school in the region to help launch an exciting new martial arts and fitness programme in schools called 'Schools & Colleges Taekwondo' which runs every Monday morning at 8.00am and is already extremely popular. There are still spaces left if more pupils want to participate. The programme was the brainchild of Taekwondo instructor Andy Davies who was recently presented with the new 'British Citizens Medal' at an investiture ceremony in the Palace of Westminster for services to education. Andy is the national president and coaching director of UK Chung Do Kwan. He is also Chief Instructor to the Elite Martial Arts & Fitness Gym in Hayward Road, Staple Hill which trains national and international competitors. This year the British UK Chung Do Kwan Championships are being held at the Keynsham Leisure Centre on Saturday 18th February which attracts competitors from all over the UK as well as from abroad. Pupils and their families from Christchurch School are invited to come along and watch.

[www.elitechungdokwan.co.uk](http://www.elitechungdokwan.co.uk)

## CCJ Daily Mile

This week, classes have participated in ten minutes of daily exercise. The children have walked, jogged or ran with their classmates in the safety of their own school grounds. Children have had fun taking part whilst building relationships, confidence and resilience. This can be summed up by the Five F's:

- 1** Fitness- children become more aware of a healthy lifestyle
- 2** Fresh Air- children thrive on the sights, sounds and seasons
- 3** Friends- children use the language of friendship to support each other, improving their social and leadership skills
- 4** Fun- children enjoy taking part – this is what makes The Daily Mile so successful
- 5** Focus- daily physical activity helps children concentrate in the classroom and is proven to raise attainment.

We ask that you support your child at home, by both encouraging their confidence in running, and moving outside with them out of school hours. Parents from other schools say that The Daily Mile helps children to eat and sleep better, and that often they become young ambassadors for whole family fitness! Please can children have suitable outdoor footwear for running on the school field.

## Diary Dates

### January



**Friday 20<sup>th</sup>** – Hot Chocolate Friday  
**Thurs 26<sup>th</sup>** – 5/6VM cake sale  
**Mon 30<sup>th</sup>** – LB Zoo trip group 1  
**Tues 31<sup>st</sup>** – LB zoo trip group 2

### February

**Wed 1<sup>st</sup>** – 3/4LP class service 9am  
**Thurs 2<sup>nd</sup>** – Parent Council 9am  
**Thurs 2<sup>nd</sup>** – Y6 Lifeskills trip  
**Fri 3<sup>rd</sup>** – LB zoo trip group 3  
**Feb 9<sup>th</sup>** – Cross Country Event  
**Feb 13<sup>th</sup> – 17<sup>th</sup>** – Half Term



## House Cup



This week Team Hippocamp won the house cup!

A child from each class was also awarded a certificate for their effort in maths.

## Emailed Letters Begin Today!

This is the first week that the newsletter will be sent via email so please check your inbox! The paper version will be phased out by Easter, but let the office know if you still wish to receive a paper one or need to provide an email address.

## After School Club Pick Up

In the interests of pupil wellbeing, we have asked the meeting and collection point for children attending after school club to be in the Lower Band shared area from Monday 23rd. Please remind your child as they get used to the new system.



**CHRIST CHURCH CofE VC JUNIORS**





## Newsletter 18:

Twitter: @CCJDownend

**20<sup>th</sup> January 2017**

