



# CHRIST CHURCH CofE VC JUNIORS

Value – Engage – Inspire – Create

Email: [christchurchjuniors@sgmail.org.uk](mailto:christchurchjuniors@sgmail.org.uk)

Twitter: @CCJDownend

Newsletter 26

27<sup>th</sup> March 2020

Term 4 Value: Forgiveness

## THIS WEEK FROM CCJ!

### Something a little different ...

Hello from the first of our school closure newsletters! We thought that we would keep the newsletters going to be able to stay in touch with you all and to keep giving the children ideas, challenges and fun to keep them entertained. The teachers are also doing a fab job of updating Twitter regularly. You can either follow us on @CCJDownend or you can go to the school website, where you will see the feed embedded. It is lovely to have updates of what your children have been up to, so please do tweet or send us an email with a picture you are happy we use and we will tweet it for you.

Stay safe and well everyone!

Mrs Osborne

### Ideas to keep you busy!

Write a letter or draw a picture and send it to someone you can't see at the moment to put a smile on their face.



Take some white paper and some toys into the garden ... find their shadows on the paper and draw them.



Make a den out of sheets, towels chairs etc...and have an adventure!



Design and make paper airplanes, then have fun flying wherever you want to go. Or have races with your brother or sisters!



Design and make your own board game and tweet the picture on our Twitter feed @CCJDownend

Send us any ideas that you have, we would love to share them with everyone!! Email them to [christchurchjuniors@sgmail.org.uk](mailto:christchurchjuniors@sgmail.org.uk)

### Daily Exercise

If you haven't already tried either of these then please do! It is a brilliant way to wake everyone up ready for the day... and burn of some well needed energy!! Choose from a fun dance routine or a fun excise work out.

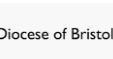
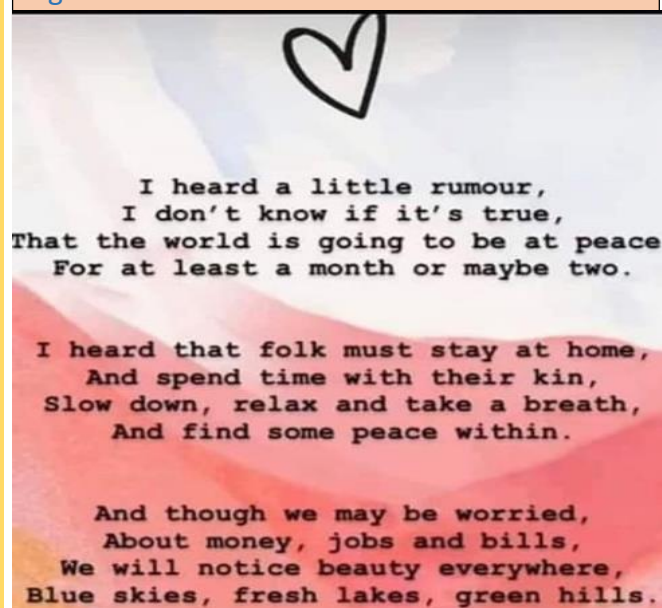
#### LTD – Karen Davis

Every Mon-Fri morning at 9am Karen will be steaming a free 15 minute Facebook live dance session for ALL 'at home' who wish to login and join. No matter what your age. Think simple and fun, not complicated choreo. If you'd like to join this group please see details on Facebook page 'Karen Anne Davis'.



#### PE with Joe Wicks

Every Mon-Fri morning at 9am you can join Joe Wicks AKA The Body Coach, on his YouTube channel The Body Coach TV. This work out is suitable and adaptable to children and adults of all ages and abilities.





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## A bit of fun....

Can you guess who these very cute staff members are??  
The answers will be in next week's newsletter!!

1



2



3



## PLANTS!

Swallow and Robin Class  
how are your plants coming on? Are you remembering to water them? Are they growing? Please send in some photos, we would love to share them with everyone!

## VOCAB CHALLENGE!

Can you find out what the 5 words below mean and use them in your own sentences?

- engrossed
- bewilder
- exhilarating
- beckoned
- cacophony

Extra challenge - how many of the words can you get into one sentence that still makes sense?

## MISS RENDALL'S WEEKLY CHALLENGE

Can you do 30 kick ups?? Keep trying to do one better every day! Show us your videos & photos!



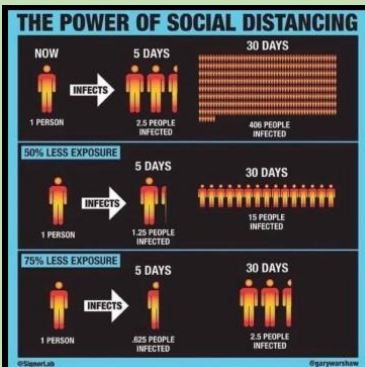
You've got this!!

STRENGTH  
IS WHAT  
WE GAIN FROM  
THE MADNESS  
WE SURVIVE.

## Government Guidance – Covid-19

This week has been slightly surreal with difficult decisions being taken out of our hands. Please do keep updated with the updated information from the government.

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>



## IGNITE ROCKS - AGAIN!

23 MARCH - 03 APRIL 2020

- \* ANSWER AS MANY QUESTIONS AS POSSIBLE \*
- PLAY IN ANY GAME TYPE \* THE WINNING CLASS WILL HAVE THE HIGHEST NUMBER OF CORRECT ANSWERS PER PUPIL \*
- \* ASK YOUR TEACHER FOR FULL DETAILS AND RULES \*

**TIMES TABLES ROCKSTARS**

## Helplines

Childline: 0800 1111

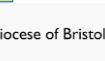
Samaritans: 116 123

Domestic Violence Hotline: 0808 2000 247

Mind: 0300 123 3393

Age UK: 0800 169 6565

La Leche League: 0345 1202918 (for mums struggling to get formula milk)







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## This is what the CCJ staff have been doing this week (as well as working!) ...

What have you been doing? Please send us your photos to [christchurchjuniors@sgmail.org.uk](mailto:christchurchjuniors@sgmail.org.uk)! We would love to see how you have been keeping busy and we may even put them in next week's newsletter!!

